paratriathlon World Series Iseo - Franciacorta





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1. GENERAL INFORMATION

1.1 Introduction

The purpose of the Athletes Info Guide is to ensure that all Paratriathlon Athletes and Team Leaders are well informed about all procedures concerning the Event. The LOC has made every effort to ensure that the information contained in this Guide is correct and up-to-date. However, Team Leaders are advised to check with the Sport Info Center concerning any changes in the information included in this guide.

1.2 Key Dates

Athletes Briefing: Hotel Iseolago, Via Colombera 2, Iseo	Friday	June, 29 th june – 18:00
Athletes Registration and Race Packet distribution: Via Colombera 2, Iseo	Friday	June, 29 th june – 18:45
Welcome Party: Viale Repubblica, Iseo	Friday	June, 29 th june – 19:30
Start ITU World Paratriathlon Series: Port Gabriele Rosa	Saturday	June, 30 th june – 16:55
Award Ceremony: Via Largo Zanardelli, Iseo	Saturday	June, 30 th june – 20:00

1.3 Key Contacts

ITU Technical Delegate	Jane Vine	jane.vine@waitrose.com
Executive Director	Luca Lamera	lucalamera@mac.com
LOC Paratriathlon Coordinator	Neil Mac Leod	neilaml@hotmail.com
Technical Director	Matteo Annovazzi	matteoanno@inwind.it
ITA Nf Liaison Officer	Gabriella Lorenzi	gabriellalorenzi@fitri.it
Press Office	Micol Ramundo	micol.ramundo@get-s.it
Athletes Services – Accreditation	Ambra Agazzi	info@ecorace.net

1.4 Contact Details

Executive Director Luca Lamera

Address: Via dell'Armonia, 19/B, 24058 Romano di Lombardia (BG)

Phone: 0039.335.7256699

Email: info@ecorace.net

Website: www.ecorace.net



https://www.facebook.com/pages/ECO-RACE-Events/158210297627622?fref=ts



https://www.flickr.com/photos/121168214@N04/



https://twitter.com/EcoRaceSrl



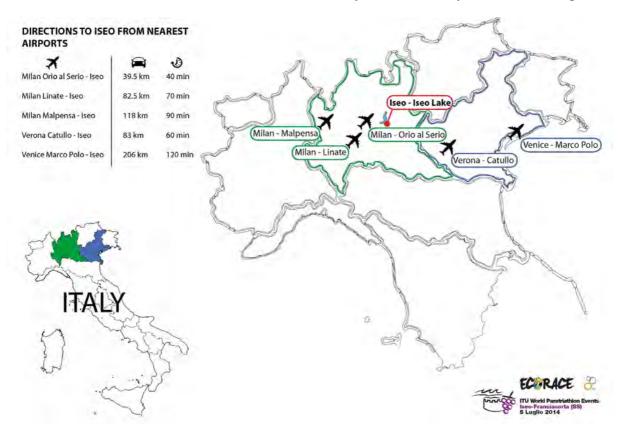
https://www.youtube.com/channel/UCXlendz8Da5wA17OHYApEJQ



2. VENUE

2.1 Venue:

The venue is in the city of Iseo, Lombardy, northern italian region



2.2 Elite Athletes Lounge:

Facilities including athletes' lounge and toilets are provided for the athletes in Via Porto (see the logistic map)

2.3 Medical Services:

First Aid and Emergency Medical Services will be available during the competition hours to anyone requiring medical assistance. Medical Tents will be provided on site at the recovery zone. Teams should ensure that they have appropriate medical insurance.

Doping Control will be performed according to the ITU/WADA rules

2.4 Bike Mechanic Centre:

There will be bike support available at 200mt far from the transition area, nearest the parking on Viale Repubblica Saturday June, 30^{th} june, from 14h00 to 17h00

2.5 Security:

Police will manage the Road Closures and the traffic throughout the course



3. ACCOMODATION

www.hotellamosa.com

HOTEL	DISTANCE FROM THE RACE VENUE
Ambra Hotel Iseo Porto Gabriele Rosa, 2 25049 Iseo (Bs) Phone 0039.030.980130 www.ambrahoteliseo.it	50mt
Hotel Ristorante Milano Lungolago G. Marconi, 4 25049 Iseo (Bs) Phone 0039.030.980449 www.hotelmilano.info	100mt
Borgolago Suites Via Sambuco, 23 25049 Iseo (Bs) Phone 0039.030.9822497 www.borgolago.com	150mt
International Hotel Via Martiri della Libertà, 9 25049 Iseo (Bs) Phone 0039.030.9840091 www.internationalhoteliseo.it	300mt
Hotel Iseolago Via Colombera, 2 25049 Iseo (Bs) tel 0039.030.9889299 www.iseolagohotel.it	1Km
Hotel La Mosa Provaglio D'Iseo Via Sebina, 23 25050 Provaglio di Iseo (Bs) Phone 0039.030.9883262	3Km



4. TRANSPORTATION

Getting to Iseo:

By Car: Motorway: A4 Milano/Venezia: exits Palazzolo sull'Oglio, Rovato.

By Train: Brescia – Edolo (Iseo Station)

By Plain: Bergamo 40 km (Bus Bergamo-airport, Sarnico-bus station, Bus to Iseo)

LOC will provide special price for the rental car and private transfer service from the international airports of Brescia, Verona, Milano through the "Air Car Service Company".

To reserve your transfer service, please send a request complete of date of arrival/departure, airport and hour selected, name/surname and your flight schedule to the booking centre contact _airport@aircarservice.com



BY AIR CAR SERVICE S.R.L.

Via Folzoni 17

24052 Azzano San Paolo (BG)

Contact: Paola Lorenzi

Booking Code: ITU Event Iseo-Franciacorta

Phone: +39.035.38.44.411 Fax: +39.035.38.44.412

e-mail: airport@aircarservice.com
Web site: www.aircarservice.com

PRICE PER CAR (BERLINA) ONE WAY	PRICE	DISTANCE	TIME
From Bergamo airport to Iseo	€ 66,00	39,5km	40 min.
From Milano Linate airport to Iseo	€ 132,00	82,5km	70 min.
From Milano Malpensa to Iseo	€ 187,00	118km	90 min.
From Verona airport to Iseo	€ 132,00	83km	60 min.
From Venezia airport to Iseo	€ 297,00	206km	120 min.

Extra charge for Minibus: 30€uro

Payment: cash or credit card (VISA or Mastercard)



5. TRAINING

5.1 Course Familiarization: You will be able to have the following course familiarizations for the athletes registered in the LOC Office:



Bike course Familiarization

only with the LOC due the traffic open

Date: Friday, june 29th Hour: from 16h30 to 17h15 Where: Vial Repubblica

During the bike course familiarization the police will escort the athletes round the course.



Swim course Familiarization

Date: Saturday, june 30th Hour: from 09h30 to 10h15

Where: start area

During the course familiarization there will be

medical services available.



5.2 Training Sessions:

pre-competition swimming training is possible in the following 25m pools:

PISCINA SASSABANEK - Outdoor Swimming Pool: 25 mt

Location: Via Colombera 2 – Iseo Distance from the race venue: 500mt

The lanes in the 25m pools will be available without pre-reservation during the

following hours:

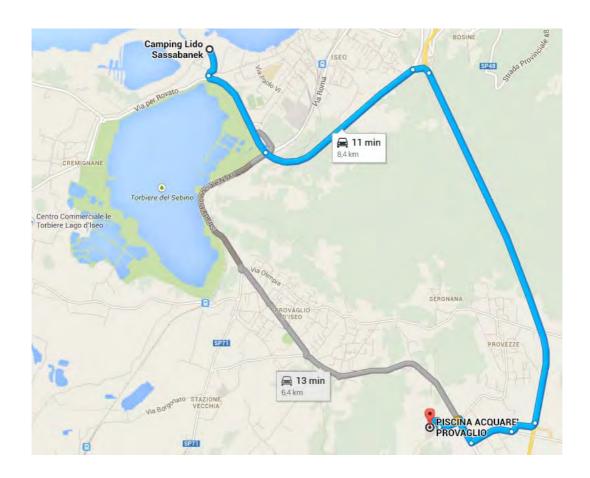
Friday June 29^{th} : 09:00 - 18:00Saturday June 30^{th} : 09:00 - 12:00

There are no secure bike storage facilities.

Free entrance athletes/coaches accredited in the official start list.

ID document mandatory.

Athletes can practice in the swimming pool at their own risk.





6. COMPETITION INFORMATION

6.1 Competition Schedule

Friday – June 29th		
16:30 – 17:15	Bike course Familiarization	Start area
18:00	Athletes Briefing	Hotel Iseolago Via Colombera 2
18:45	Athletes Registration and Race Packet distribution	Via Colombera 2
19:30	Welcome Party	Viale Repubblica

Saturday - June 30 th			
09:30-10:15	Swim course Familia	rization	Start area
14:15-17:00	Athlete's Lounge		Piazza Garibaldi
15:15-17:00	Check in Transition	Area	Viale Repubblica
16:55	Start ITU World Para	atriathlon Series	Port Gabriele Rosa
16:55:00	PTW 1	Men – Women: 1st wave	
16:58:00	PTWC 2	Men	
16:58:58	PTWC 2	Women	
18:00:00	PT5	Men	
18:01:00	PT5	Women	
18:02:00	PTVI 1	Men – Women	
18:05:16	PTVI 2 - PTVI 3	Women	
18:05:42	PTVI 2 - PTVI 3	Women	
18:10:00	PTS4	Men	
18:11:00	PTS4	Women	
18:12:00	PTS 2-3	Men	
18:13:00	PTS2-3	Women	
20:00	Award Ceremony		Via Largo Zanardelli, Iseo

Sunday - July 1 st	
11:45	Italian Olympic Triathlon National Championship – No Draft
16:30	Award Ceremony: Italian Olympic Triathlon National Championship



6. COMPETITION INFORMATION

6.2 Athletes Race Packets: Athletes' race packets will be distributed at the registration and accreditation office.

6.2.1 Registrations:

- Athletes must sign the ITU Athletes' Agreement, which states that any dispute
 arising from the ITU Rules that cannot be settled by its existing appeal procedure,
 shall be settled finally by the Court of Arbitration for Sport (CAS) in Lausanne,
 Switzerland, to the exclusion of recourse to ordinary courts. Once signed, the ITU
 Athletes' Agreement is valid until the end of the competition year it has been
 signed.
- National Federations are responsible for entering their athletes and coaches for all ITU Events using the ITU online system on www.triathlon.org.
- All questions regarding entries must be submitted via e-mail to entries@triathlon.org.
- Athletes and guides must provide picture ID at race registration/packet pick-up prior to competition
- The official start list will be produced and published inside the ITU web site www.triathlon.org. No athlete will be included in the start list if the entry has not been processed through ITU on line entry system.
- ENTRY FEE ITU World Paratriathlon Series: Free

REMEMBER:

Athletes must contact their NF to enter them via the ITU Online System if they want to be entered for an ITU race. There are no exceptions here

6.3 Timing Bands:

On the race day, athletes will receive two timing chips. Athletes will pick up the timing chips before the competitions, during their check-in procedure. Athletes have to return the timing band, in order to collect their bike from the Transition Area, after the race.

6.4 Competition Rules:

The Event will follow the latest published ITU Competitions Rules

6.4.1 ITU Uniform Rules:

to compete in ITU events, all the athletes must comply with the ITU Uniform Rules. Please download the here enclosed to document: https://www.triathlon.org/uploads/docs/itusport competition-rules 2018-UNIFORM-RULES-AND-PROCESS.pdf

6.5 Insurance:

The LOC has insurance with a reputable insurance company, a standard public liability and property damage insurance policy to cover the risks of insurable nature under this Agreement and the staging of the Event and related events. The insurance policy has named, as insured ITU Executive Board Members, ITU Staff, ITU International Officials, the Global Partners, Global Sponsors, the ETU Executive Board and Staff, the respective LOC directors, officers, agents, volunteers, employees and contractors. All athletes and team support personal must carry their own medical insurance.



6. COMPETITION INFORMATION

6.6 Medical Services at the Venue: First Aid and Emergency Medical Services, 3 Ambulances will be available

to anyone requiring medical assistance at the venue, on Saturday June 30th. Medical and paramedic personnel will be available throughout competition times. A Medical Tent will also be provided on site at the

finish area.

The person in charge for the Medical Area, Dott. Stefanini, mobile

0039.333.8406244 (only Saturday June 30th)

HOSPITAL:

AZIENDA OSPEDALIERA MELLINO MELLINI – OSPEDALE CIVILE DI ISEO Giardini Giuseppe Garibaldi, 7 - 25049 Iseo – Telefono: 0039.030 98871

6.7 Medications: Athletes are advised to bring sufficient quantities of medications for

personal use. It is wise to bring a letter from your personal doctor confirming your medical history and medication in case of emergency. If you have been prescribed a medication that is for restricted use in the WADA code, please ensure that you have submitted a TUE with your

triathlon federation

6.8 Information about the FOP

6.8.1 Swim Course: One lap of 750 metres in the Lake of Iseo, one of the most astonishing

small lakes of the world

6.8.2 Bike course: 3laps x 7km, almost completely flat with a breathtaking view over the lake

and a peculiar passage in the old city center of Iseo.

6.8.3 Run Course: 100m+ 4laps x 1,2km + 100m in the center of Iseo with the finish line

located in the main square

6.8.4 Technical area: Technical Area will be located on the bike course. In this area is allowed

fixing and assistance

6.8.5 Distances: road closure confirmed during the race (3:00hours)

Category	Swim	Bike	Run
Paratriathlon: 6 sport classes PTWC- PTS2 - PTS3 PTS4 - PTS5 - PTVI	750m – 1 lap	20km- 3laps	5km - 4laps

6.8.6 Aid Station: Aid station will be located at the finish area (beyond the finish line)

6.8.7 Weather Conditions: Weather Conditions for June: Maximum Temp: 28C° Minimum Temp:17C°

6.8.8 ResultsResults will be uploaded live at the ITU official website www.triathlon.org .

Also live coverage of the race will be displayed through the web page.

6.8.9 Protest & Appeals: Standard procedures will be followed according to the ITU Competition Rules.

6.8.10 Sport Massage Service: available to the athletes after the race at the transition area



7. ACCREDITATION

The LOC will provide to all the organizing committee members, ITU Technical Officials, athletes, VIPs, media, technical staff, court personnel, volunteers, etc., the official Accreditation Card. Accreditations will be distributed at the Race Office before the Technical Briefing. Only accredited people will be allowed to access certain venue areas. Accreditation Cards are colour-coded and provide access to specific areas of the competition areas. All accredited people are requested to carry their Accreditation Cards with them at all times and to show them upon request.

8. ATHLETES SOCIAL EVENTS

8.1 Athletes Briefing

Briefing date:	Friday, June 29th - 18h00
Briefing location:	Hotel Iseolago, Via Colombera, 2 - 25049 Iseo (Bs) - www.iseolagohotel.it

9. USEFUL INFORMATION

9.1	Language	The official language in Iseo is the Italian
9.2	Population	9.094 people live in the city of Iseo
9.3	Currency	The currency of Italy is the Euro. Most major currencies may be exchanged at banks
9.4	Time	Iseo time is (GMT +01:00)
9.5	Electricity	The electric current is 220 volts
9.6	Water	Running water is appropriate for drinking
9.7	Telephone	If calling from abroad to Italy dial +39 To call abroad from fixed telephones in Italy must dial the prefix 00, the country code and the phone selected. Vodafone, Tim, Wind and Tre are the major mobile phone service providers in Italy.



10. USEFUL NUMBERS

MEDICAL EMERGENCY

AZIENDA OSPEDALIERA MELLINO MELLINI – OSPEDALE CIVILE DI ISEO

Giardini Giuseppe Garibaldi, 7 - 25049 Iseo - telefono 0039.030 98871

CROCE ROSSA ITALIANA

Via per Rovato, 13 - 25049 Iseo - telefono 0039.030.9840769 - numero emergenza 118 - www.cri.it

GUARDIA MEDICA SERVIZIO DI CONTINUITÀ ASSISTENZIALE

Giardini Giuseppe Garibaldi, 2 - 25049 Iseo - telefono 0039.030 9868757

PHARMACIES

ANTICA FARMACIA CUCCIA DR. ROBERTO

Via Sebina, 38 25050 Provaglio D'iseo (BS)

PARAFARMACIA DOTT. GHEZA

Via Montegrappa, snc 25050 Provaglio D'iseo (BS)

FARMACIA COMUNALE

Via Roma, 84 - 25049 Iseo – Telefono: 0039.030 980322 - www.farmacia@comune.iseo.bs.it

FARMACIA GANDOSSI

Piazza Giuseppe Garibaldi, 38 - 25049 Iseo – Telefono: 0039.030 980630 - www.farmaciagandossi.it

FARMACIA MACULOTTI PAOLA

Via Risorgimento, 91 - 25049 Clusane – Telefono: 0039.030 989029 - www.farmaciamaculotti.it

EMERGENCY

POLIZIA

Via Mirolte, 78 - 25049 Iseo - telefono 030 980093

orari: Lunedì chiuso - Martedì 8-12 - Mercoledì 8-12 - Giovedì chiuso - Venerdì 8-12 - Sabato 8-12

CARABINIERI

Via Roma, 53 - 25049 Iseo - telefono 030 9822262 - numero emergenza 112

