



Day	Time Starts	Time End	Activity
23/06/2018	08:45:00	09:45:00	Athletes Lounge Women Event
23/06/2018	09:15:00	10:00:00	TZ Check In Women Event
23/06/2018	09:30:00	10:15:00	Women Event Swim Warm Up
23/06/2018	10:15:00	10:30:00	Women Event Line Up
23/06/2018	10:30:00	11:45:00	Athletes Lounge Men Event
23/06/2018	10:39:00		Women Athletes Introduction
23/06/2018	10:45:00	12:00:00	Women Event
23/06/2018	12:00:00	12:30:00	TZ Check In Men Event
23/06/2018	12:00:00	12:30:00	Men Event Swim Warm Up
23/06/2018	12:00:00		Women Award Ceremonies
23/06/2018	12:30:00	12:45:00	Men Event Line Up
23/06/2018	12:52:00		Men Athletes Introduction
23/06/2018	13:00:00	14:00:00	Men Event
23/06/2018	14:15:00		Men Award Ceremonies