



ITU Campolongo Rotzo
winter triathlon
World Championships Asiago

2020 Asiago ITU Winter Triathlon World Championships
ATHLETES GUIDE



TABLE OF CONTENTS

1. GENERAL INFORMATION

- 1.1 Introduction
- 1.2 Event Organizer
- 1.3 Host National Federation
- 1.4 Key Dates
- 1.5 Key Contacts

2. VENUE

- 2.1 Venue
- 2.2 Facilities
- 2.3 Doping Control
- 2.4 Medical Services
 - 2.4.1 Medications
- 2.5 Insurance
- 2.6 Bike Mechanic Centre – Ski Assistance
- 2.7 Race Office

3. ACCOMMODATIONS & TRANSFERS

4. COMPETITION INFORMATION

- 4.1 Event Schedule
- 4.2 Opening Ceremony, Award Ceremony, Winter Triathlon After Party
- 4.3 Competition Rules
- 4.4 ITU Uniform Rules
- 4.5 Insurance
- 4.6 Field of Play (FOP)
- 4.7 Distances and Courses' Maps
- 4.8 Team Relay Rules
- 4.9 Weather Conditions
- 4.10 Results
- 4.11 Protests & Appeals
- 4.12 Timing chips

5. REGISTRATION

- 5.1 Athletes' Race Packages

6. PRIZE MONEY

7. ACCREDITATION

8. USEFUL INFORMATION

1. GENERAL INFORMATION

1.1 Introduction

The purpose of the Athletes Guide is to inform both athletes and team managers about all procedures concerning the Event. The LOC has made every effort to ensure that information are correct and up- to-date. However, Team Managers are advised to check with the Sport Information Center for up-to-date information and last-minute changes.

1.2 Event Organizer

Event:	2020 ITU Asiago Winter Triathlon World Championships
Location:	Centro Fondo Campolongo
Date:	7/9 February 2020
Local Organizing Committee:	Triathlon 7C asd
LOC Contact:	Leonardo Franco - +39 347 6898418
e-mail:	asiagowintertriathlon@gmail.com
website:	www.asiagowintertriathlon.com
Facebook:	https://www.facebook.com/asiagowintertriathlon/

1.3 Host National Federation

National Federation:	Federazione Italiana Triathlon
Contact:	Gabriella Lorenzi – Liaison Officer
e-mail:	gabriellalorenzi@fitri.it
website:	www.fitri.it
Facebook:	https://www.facebook.com/Federtriathlon/

1.4 Key Dates

This is a prospective schedule. Hours and days may be modified due to weather conditions. For the detailed schedule have a look at point 4.1: Event schedule.

Friday, 7.2.2020

Opening Ceremony	15:00-16:00	Piazza del Municipio - Asiago
AG/Para Athletes' Registration/AG Race Packages Pick-Up	16:30-19:00	Teatro Millepini – Asiago
Elite/Junior athletes' registration	16:00-16:50	Teatro Millepini - Asiago
Elite/Junior/Mixed Relay Athletes' Briefing Elite/Junior Race Packages Pick-Up after the Briefing	17:00	Teatro Millepini – Asiago
Mixed Relay Registration and Team Composition immediately after the Elite Briefing	17:30-17:45	Teatro Millepini - Asiago

Saturday, 8.2.2020

Start Elite Women Winter Triathlon World Championships	09:00	Centro Fondo Campolongo
Start Elite Men Winter Triathlon World Championships	11:00	Centro Fondo Campolongo
Start Junior Men Winter Triathlon World Championships	13:00	Centro Fondo Campolongo
Start Junior Women Winter Triathlon World Championships	13:05	Centro Fondo Campolongo
AG/Para Athletes' Registration and Race Packages Pick-Up	17:30-19:00	Teatro Millepini - Asiago
Award Ceremony Elite/Junior	18:00	Teatro Millepini - Asiago
Athletes' Briefing Age Group/Para	19:00	Teatro Millepini - Asiago

Sunday, 9.2.2020

Start Mixed Relay Winter Triathlon World Championships	09:15	Centro Fondo Campolongo
Award Ceremony Mixed Relay	10:30	Centro Fondo Campolongo
Start Men Age Group Winter Triathlon World Championships	11:00	Centro Fondo Campolongo
Start Women Age Group Winter Triathlon World Championships	11:05	Centro Fondo Campolongo
Start Para Winter Triathlon World Championships	11:10	Centro Fondo Campolongo
Award Ceremony AG/Paratriathlon	16:30	Teatro Millepini - Asiago
Winter Triathlon After Party	19:00	Canove – pro loco Palazzetto

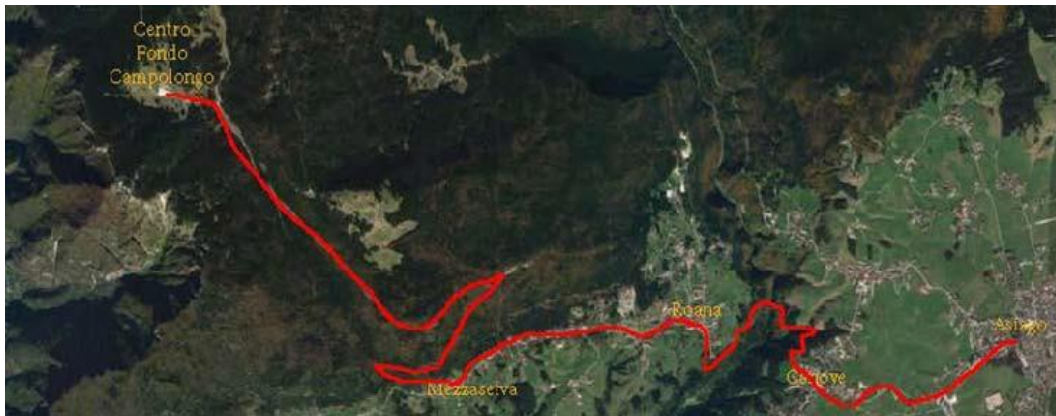
1.5 Key Contacts

ITU Technical Delegate:	Oliver Laaber (AUT)	o.laaber@triathlon-austria.at
ITU Assistant Technical Delegate:	Andrea Homberger (ITA)	
ITU Medical Delegate:	Dr. Casandra Luca (ROU)	
LOC Event Manager:	Leonardo Franco	asiagowintertriathlon@gmail.com
LOC Race Director:	Leonardo Franco	asiagowintertriathlon@gmail.com
LOC Race Office:	Maria Sole Vellar	asiagowintertriathlon@gmail.com
LOC Travel Management:	Angelo Roffo	info@roanaservizi.it

2. VENUE

2.1 Venue

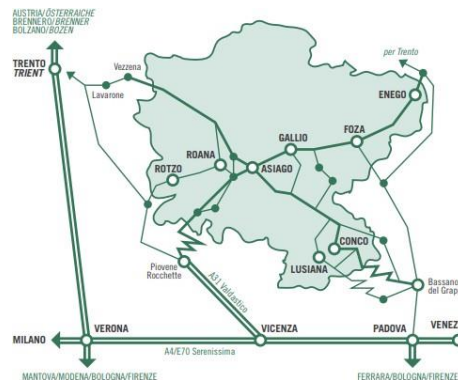
The venue is in the Centro Fondo Campolongo, Rotzo - Altopiano di Asiago



Distance from Centro Fondo Campolongo to Asiago: 17,5km

HOW TO REACH THE ALTOPIANO DI ASIAGO

- By car:** take the Milan-Venice Highway A4. When in Vicenza Est, take Highway A31 and drive to Piovene Rocchette. From the exit, take the Costo SP 349 and proceed to Asiago. Arriving from Austria, take the Highway A22 towards Verona. Take the exit of Trento Nord, proceed towards Altopiano di Lavarone via SS 349, and then to Asiago.
- By train:** by train you may reach the following railway stations: Vicenza, Thiene or Bassano del Grappa. From there take a public bus or a taxi.
- By bus:** there are daily public bus connections from Vicenza, Padova, Bassano del Grappa and Thiene.
- By plane:** the nearest airports are in Venice (110 km), Treviso (130 km) and Verona (105 km). On request, a shuttle service from the airports to Asiago is available. In Asiago there is the Italian highest tourist airport a.s.l. with a tarmac landing strip. For further information contact the airport Office: 0424465845 - info@aeroportoasiago.it



2.2 Facilities

Facilities including athletes' lounge and toilets may be found on the venue in Centro Fondo Campolongo. The athletes' lounge is provided with water, fruit, energy bars and energy drinks. Sport massage will be available for athletes after the race in the recovery area.

For MTB renting contact:

Team Advanced pro di Emidio Gherpelli – info@advancedeurope.com
+39 338 7001654 (Emidio - Italian) - +39 351 0556139 (Stefano - English)

For cross-country ski renting contact:

Running Store – Stefano Ippino – info@runningstore.it +39 0424 504269

2.3 Doping Control

Doping Control will be performed according to the ITU/WADA regulations.

2.4 Medical Services

First Aid, Emergency Medical Service and n° 2 ambulances will be available during the competition hours to anyone requiring medical assistance. A Medical Tent will be set up on site in the recovery area. Teams must have their own medical insurance. In a medical emergency, dial 118 and ask for ambulance service. This number is free of charge from any telephone. Further resources can be found below:

HOSPITAL:	Asiago Hospital, via Martiri di Granezza, 42 22 km from race venue	Phone	+39 0424 604111
EMERGENCY:	Police	Phone	112
	Soccorso Alpino CAI Asiago	Phone	118
	Carabinieri Via Bettinadi n. 2, Canove di Roana	Phone:	+39 0424 692034
PHARMACY	Farmacia Dott.ssa Bottura Via Roma n. 9, Rotzo (VI)	Phone:	+39 0424 691272

2.4.1 Medications

If you have been prescribed medications included in the Prohibited List of the World Anti-doping Agency (WADA), make sure you have received a Therapeutic Use Exemption (TUE) from your National Anti-doping Agency and bring a copy with you.

2.5 Insurance

All athletes competing in an ITU event must have a personal insurance coverage guaranteed by their National Federation. This insurance will cover:

- (i) Any accident occurring before, during and after any competition;
- (ii) Any sickness that an athlete could suffer during a trip to a competition or event;
- (iii) athlete's liability during the competition.

With their registration for the event, National Federations guarantee the insurance coverage for all athletes

2.6 Bike Mechanic Centre - Ski Assistance

Friday	February 7 th	from 10:30 to 14:30	Race Area
Saturday	February 8 th	from 07:15 to 16:30	Race Area
Sunday	February 9 th	from 07:30 to 13:30	Race Area

For a proper service MTB and cross country ski renting must be booked in advance, not during the event days, to the following contacts:

For MTB renting and assistance contact:

Team Advanced pro di Emidio Gherpelli – info@advancedeurope.com
+39 338 7001654 (Emidio - Italian) - +39 351 0556139 (Stefano - English)

For cross-country ski renting and assistance contact:

Running Store – Stefano Ipino – info@runningstore.it +39 0424 504269

2.7 Race Office

The race office is located in the Teatro Millepini– Via Millepini 1, 36012 Asiago – asiagowintertriathlon@gmail.com

3. ACCOMODATIONS & TRANSFERS

Official Race

Hotel: Hotel Vecchia Stazione

Address:

Via Roma, 147, 36010 Canove di Roana

website: <http://www.allavecchiastazione.it/>

For all your accommodations and travel enquiries, contact Angelo Roffo.

Booking contact: Angelo Roffo

e-mail: info@roanaservizi.it

phone: +39 0424 450154 - +39 388 8676170 (Laura – English – Russian)

website: www.asiagoroanasport.com

Booking your stay in one of our partner hotels (www.asiagoroanasport.com) will allow you to enjoy the following special FREE services:

- Swimming pool in Canove: Indoor swimming pool, SPA (Steam bath, Sauna and relax area), Equipped gym
- Ice Arena in Asiago: Ice skating (evenings from 9 to 11 PM)

TRANSFER SERVICE

- Hotel Reservations made through our organisation (www.asiagoroanasport.com) will receive:

- Free transfer service from/to hotels to race venue
- Free safekeeping for bikes and skis on the race venue (security guaranteed by Angelo Roffo's company)
- Special prices for the airport transfer

From Venezia, Treviso, Verona	EUR 65,00	per single trip
From Bergamo	EUR 150,00	per single trip
From Milano Malpensa/Linate	EUR 200,00	per single trip

- Transfer Service (individual rates without accommodation)

From Venezia airport:	EUR 150,00 (per single trip)
From Bergamo	EUR 300,00 (per single trip)
From Milano Malpensa/Linate	EUR 400,00 (per single trip)
From Vicenza railway station:	EUR 70,00 (per single trip)
From hotel to race venue:	EUR 5,00 (per single trip)

4. COMPETITION INFORMATION

4.1 Event Schedule

This is a prospective schedule. Hours and days may be modified due to weather conditions.

Training:

Run & Ski Training; The courses will be marked out from Tuesday, 4.2.2020. It will be possible to train on the race courses every day, except during race time between 08:00 and 18:00. Bike Training open on Friday at familiarization times only! For fair play please observe the schedule below. In case of bad weather conditions, the courses may be closed.

<u>Friday, 7.2.2020</u>		
ITU office open	08:00	Centro Fondo Campolongo
Bike Mechanic Centre/Ski assistance	10:30 – 14:30	Centro Fondo Campolongo
Bike Familiarization Elite/Juniors (bike course open for familiarization)	11:00 – 13:15	Centro Fondo Campolongo
Ski Familiarization Elite/Juniors (ski course open for familiarization)	11:00 – 13:15	Centro Fondo Campolongo
Opening Ceremony	15:00 – 16:00	Piazza del Municipio - Asiago
AG/Para Athletes' Registration/Race Package Pick-Up AG	16:30 – 19:00	Teatro Millepini – Asiago
Elite/Junior Athletes' Registration	16:00 – 16:50	Teatro Millepini - Asiago
Elite/Junior/Mixed Team Relay athletes' briefing	17:00	Teatro Millepini – Asiago
Race Package Pick-Up for Elite/Junior immediately after the briefing		
MR Registration and Team Composition immediately after the Elite Briefing	17:30/17:45	Teatro Millepini - Asiago

<u>Saturday, 8.2.2020</u>		
ITU office open	07:00	Centro Fondo Campolongo
Bike Mechanic Centre/Ski assistance	07:15 – 16:30	Centro Fondo Campolongo
Athletes' lounge open Elite Women/Men	07:30 – 10:45	Centro Fondo Campolongo
TA open Elite Women	08:00 – 08:45	Centro Fondo Campolongo
Start Elite Women Winter Triathlon World Championships	09:00	Centro Fondo Campolongo
TA open Elite Men	10:00 – 10:45	Centro Fondo Campolongo
Start Elite Men Winter Triathlon World Championships	11:00	Centro Fondo Campolongo
Athletes' lounge open Junior Women/Men	11:30 – 12:45	Centro Fondo Campolongo
TA open Junior Women/Men	12:00 – 12:45	Centro Fondo Campolongo
Start Junior Men Winter Triathlon World Championships	13:00	Centro Fondo Campolongo
Start Junior Women Winter Triathlon World Championships	13:05	Centro Fondo Campolongo
Bike Familiarization AG/Paras (bike course open for familiarization)	14:30 – 16:00	Centro Fondo Campolongo
Ski Familiarization AG/Paras (ski course open for familiarization)	14:30 – 16:00	Centro Fondo Campolongo

AG/Para Athletes' Registration and Race Package Pick-Up	17:30 – 19:00	Teatro Millepini - Asiago
Award Ceremony Elite/Junior	18:00	Teatro Millepini - Asiago
Athletes' Briefing Age Group/Para	19:00	Teatro Millepini - Asiago

Sunday, 9.2.2020

ITU office open	07:00	Centro Fondo Campolongo
Bike Mechanic Centre/Ski assistance	07:30 – 13:30	Centro Fondo Campolongo
Athletes' lounge open Mixed Relay	07:45 – 09:00	Centro Fondo Campolongo
TA open Mixed Relay	08:15 – 09:00	Centro Fondo Campolongo
Start Mixed Relay Winter Triathlon World Championships	09:15	Centro Fondo Campolongo
Award Ceremony Mixed Relay	10:30	Centro Fondo Campolongo
Athletes' lounge open Paratriathlon	09:30 – 10:45	Centro Fondo Campolongo
TA open Age Group/Paratriathlon	09:30 – 10:45	Centro Fondo Campolongo
Start Men Age Group Winter Triathlon World Championships	11:00	Centro Fondo Campolongo
Start Women Age Group Winter Triathlon World Championships	11:05	Centro Fondo Campolongo
Start Para Winter Triathlon World Championships	11:10	Centro Fondo Campolongo
Award Ceremony AG/Paratriathlon	16:30	Teatro Millepini - Asiago
Winter Triathlon After Party	19:00	Canove – pro loco Palazzetto

4.2 Opening Ceremony, Award Ceremony, Winter Triathlon Party

Opening Ceremony

Meeting point: Asiago, Piazza del Municipio

Team managers must rally élite, junior, U23, paratriathlon, AG competitors and their coaches in Asiago, Piazza del Municipio at 15:00. National Teams should wear their uniforms. The opening Ceremony will start after the last delegation's arrival with the City Authorities' welcome speech. Media are welcome. The Ceremony will finish at 16,00 in the Teatro Millepini in Asiago.

Award Ceremonies in Teatro Millepini, Asiago

Category	Day	Hour
Elite/Junior	Saturday 8.2.2019	18:00
Age Group	Sunday 9.2.2020	16:30
Paratriathlon	Sunday 9.2.2020	16:30

Award Ceremony in Centro Fondo Campolongo

Category	Day	Hour
Mixed Relay	Sunday 9.2.2019	10:30

Immediately after the race

Athletes must wear their NF's uniforms or kits for all ceremonies.
All Age Group Finishers will be awarded a medal.

Winter Triathlon After Party

Winter Triathlon After Party in Canove in the Pro Loco Palazzetto at 19:00 hrs.

4.3 Competition Rules

ITU Winter Triathlon World Championships will follow the latest published ITU competition rules.

MTB characteristics must comply with UCI MTB standards (Union Cycliste Internationale)

No cyclocross or gravel bikes allowed.

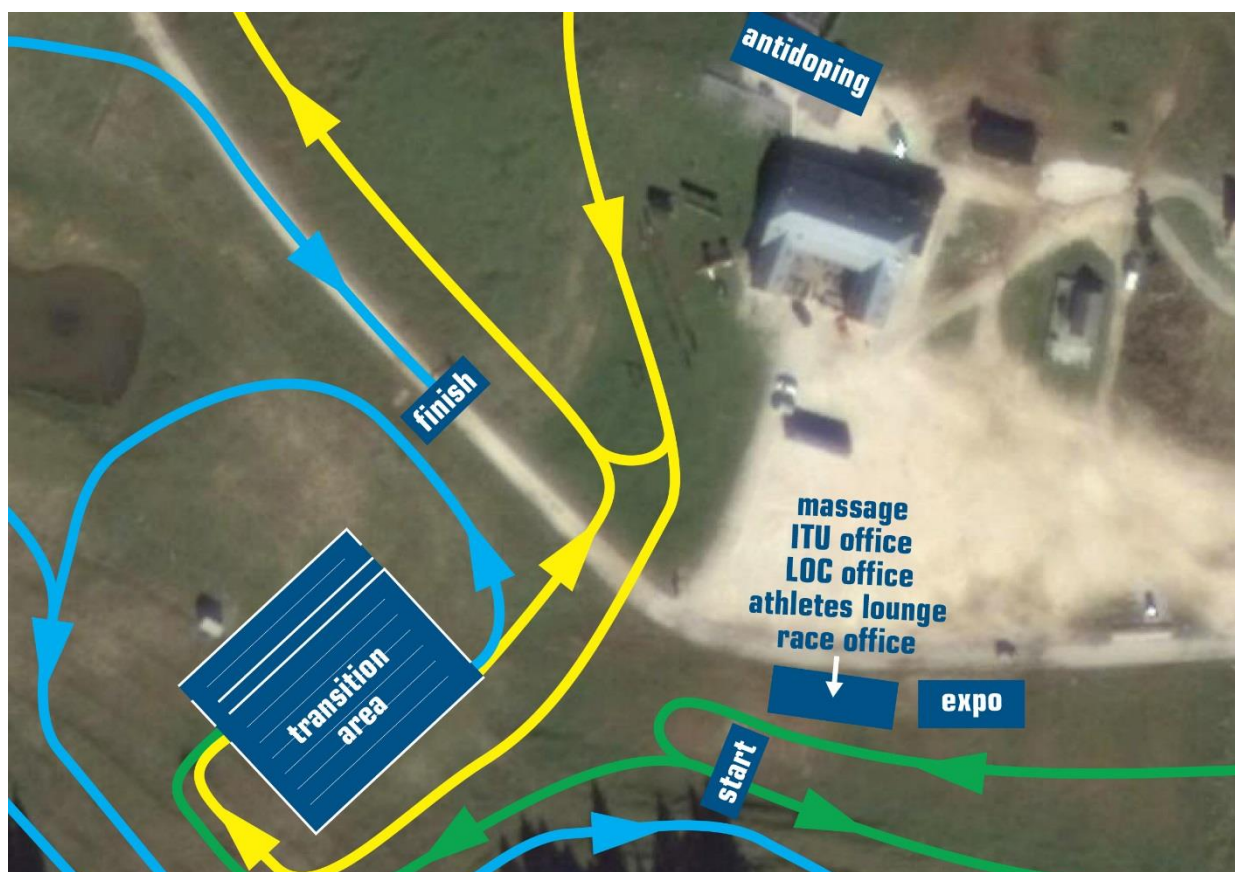
4.4 ITU Uniform Rules

To compete in ITU events, athletes must comply with the ITU uniform rules.

4.5 Insurance

The LOC has a standard public liability and property damage insurance policy covering the risks of insurable nature under this agreement and staging of the event. Athletes and team support personnel must have their own medical insurance.

4.6 Field of Play (FOP)



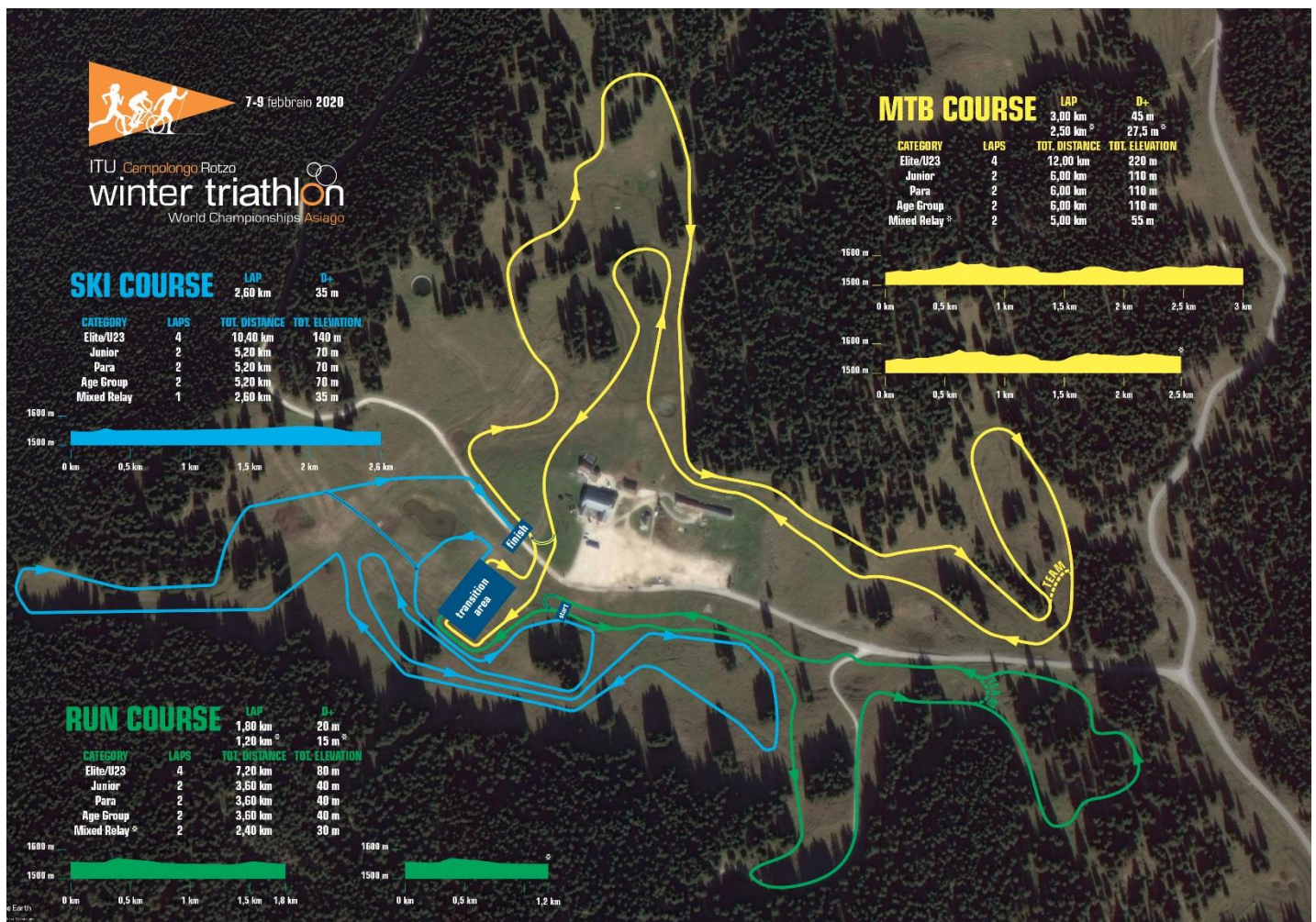
4.7 Distances and Courses' Maps

- Elite and Under 23 events will be held in Standard distances
- Age Group, Junior and Paratriathlon events will be held in Sprint distances.

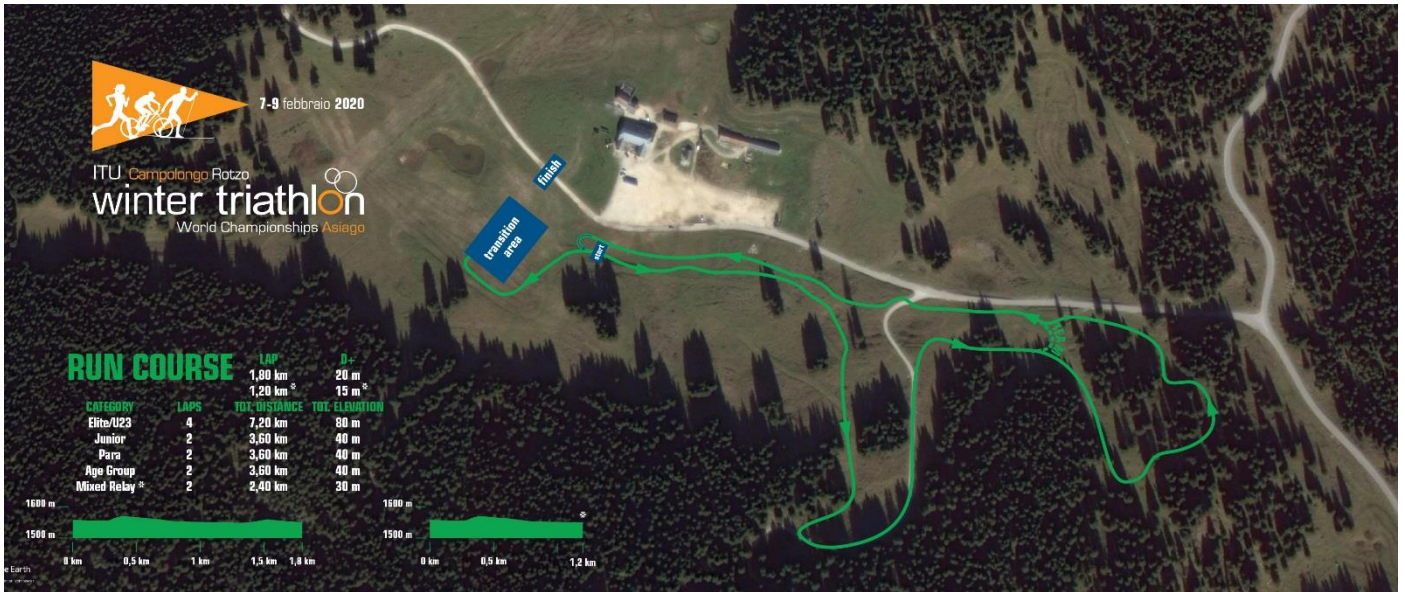
Category	Run	Mountain Bike	CrossCountry Ski
Elite - Under 23	7,20 km	12,00 km	10,40 km
Junior	3,60 km	6,00 km	5,20 km
Paratriathlon PTS2, PTS3, PTS4, PTS5	3,60 km	6,00 km	5,20 km
Age Group	3,60 km	6,00 km	5,20 km
Mixed Team Relay	2,40 km	5,00 km	2,60 km

These are prospective distances. They can be modified due to weather conditions

COURSE'S GENERAL MAP



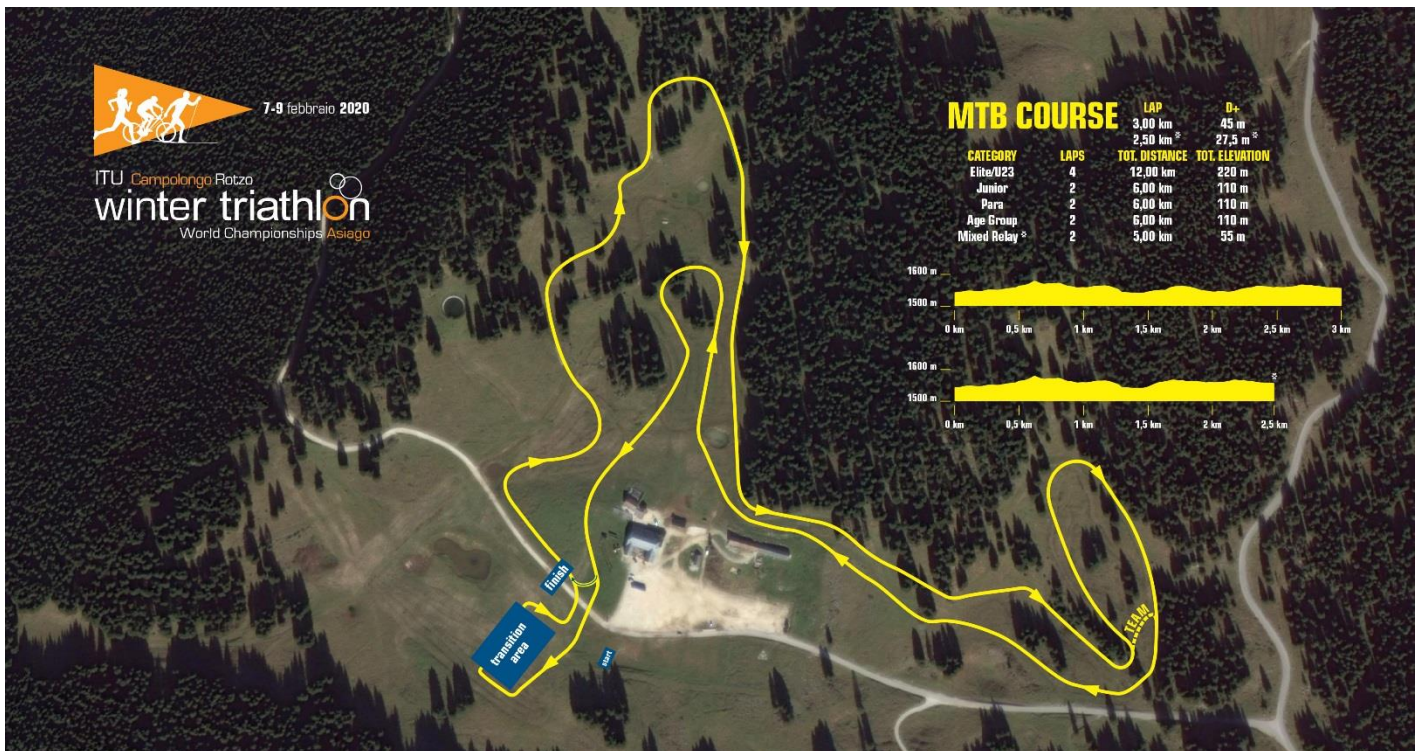
RUN COURSE



CATEGORY	Laps	Tot. Distance	Tot. Elevation
Elite/U23	4	7.20	80
Junior/Para/Age Group	2	3.60	40
Mixed Relay *	2	2.40	30

Lap 1,80 km – Elevation/lap 20 m (*Team version lap 1,20 km – Elevation lap 15 m)

BIKE COURSE



CATEGORY	Laps	Tot. Distance	Tot. Elevation
Elite/U23	4	12,00	220
Junior/Para/Age Group	2	6,00	110
Mixed Relay*	2	5,00	55

Lap 3,00 km – Elevation/lap 45 m (*Team version lap 2,50 km – Elevation lap 27,5 m)

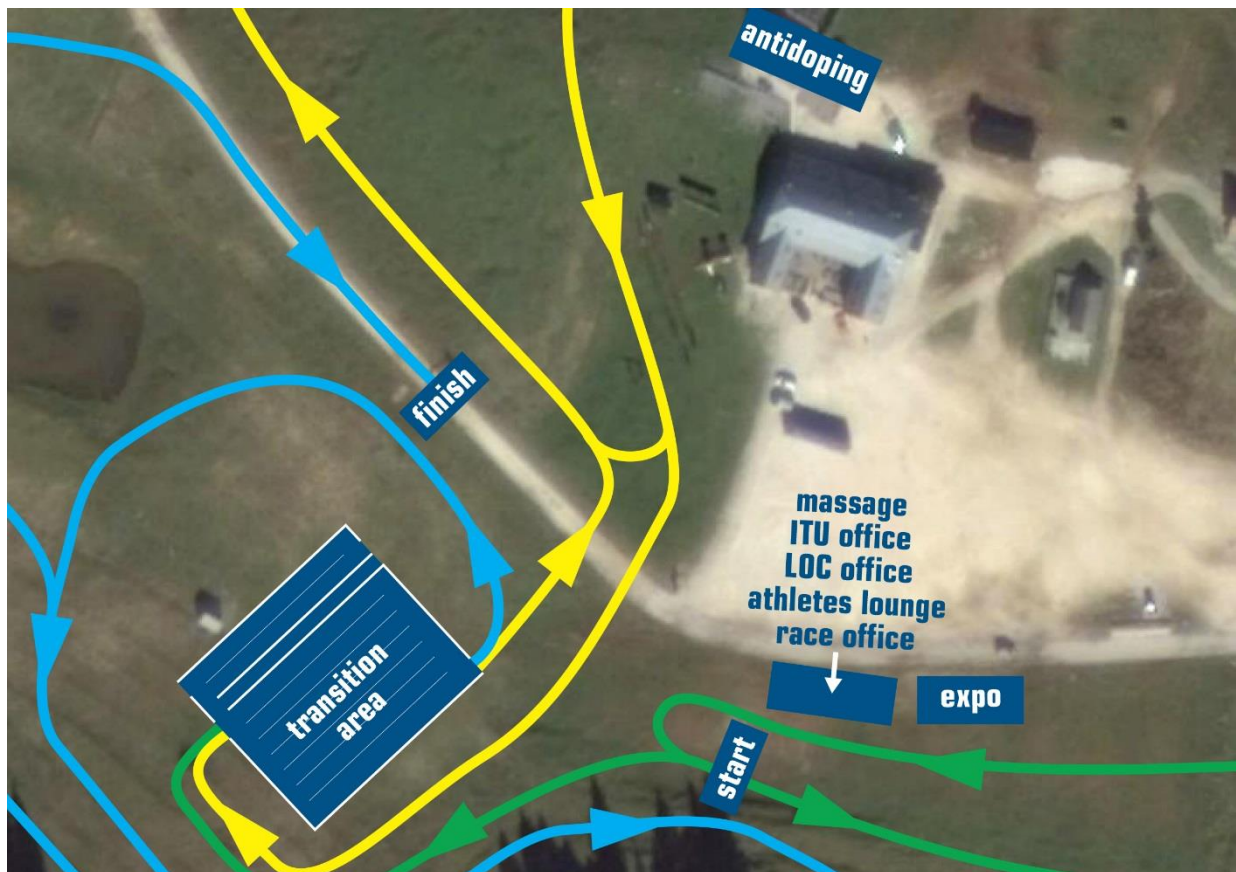
SKI COURSE



CATEGORY	Laps	Tot. Distance	Tot. Elevation
Elite/U23	4	10,40	140
Junior/Para/Age Group	2	5,20	70
Mixed Relay	1	2,60	35

Lap 2,60 km – Elevation/lap 35

TRANSITION AREA



These are provisional maps. They can be modified due to weather conditions

4.8 Team Relay Rules

A team is composed of 2 athletes: 1 man and 1 woman, who will compete in the following order: woman, man, woman, man. Each of them will perform a complete winter triathlon.

4.9 Weather Conditions

In Asiago the month of February is characterized by a mountain winter temperature.

Morning and evening temperatures: -5 to -15 degrees centigrade.

Day time temperature: -5 to +5 degrees centigrade.

4.10 Results

Results will be uploaded live on the ITU official website www.triathlon.org

4.11 Protest & Appeals

Standard procedures will be followed according to the ITU Competition Rules

4.12 Timing Chip

Upon check-in athletes will be given a timing chip to be worn around the left ankle. Timing bands will be collected in the finish area after the race. A fee of EUR 25,00 will be charged for any lost timing chip

5. REGISTRATIONS

Registrations (entry) have to be completed exclusively through the National Federations via the ITU online System (www.competitions.com) before January 15, 2020. National Federations are responsible for entering their athletes and coaches through ITU online system www.competitions.com for all ITU events. No exception admitted.

Individual entries are not allowed.

The NF should collect at least the athlete's name, surname, nationality, birthyear, and e-mail address.

Race office address: asiagowintertriathlon@gmail.com

Payments need to be arranged with the Athletes' NF.

Entries without a payment confirmation from the NF will be refused and athletes will not receive their race packages.

- Payments must be settled through bank transfer to:
Triathlon 7c ASD
Banca Alto Vicentino, Agenzia di Asiago, Viale della Vittoria n. 2
IBAN Code: IT39 S086 6960 1300 1900 0965 627
SWIFT Code: CCRTIT2TF01

The description of the payment must contain the athlete's name, surname, nationality and e-mail address. A copy of the payment confirmation must be forwarded to the LOC's race office. In case of one bank transfer for more entries, the complete list of athletes' name, surname, nationality and e-mail address must be immediately emailed to the LOC's race office.

Entry Fees	
Elite – Under 23 - Paratriathlon	EUR 100,00 per athlete
Junior/ AG 16-19	EUR 40,00 per athlete
Age Group	EUR 100,00 per athlete
Team	EUR 80,00 per Team

No credit card allowed.

Please note: the Age Group category includes athletes from age 16 on with the exclusion of NF Team

athletes For further information about entries contact: entries@triathlon.org

The official start list will be published on ITU website www.competitions.com

5.1 Athletes' Race Packages

- Athletes' race packages will be distributed at the Registration Office in the Teatro Millepini, Asiago
- The race package includes bike, ski and helmet stickers, a wristband, pasta party voucher and gifts.
- Athletes must show ID at the race registration/package pick-up.

6. PRIZE MONEY (net of all taxes)

INDIVIDUAL RACE: USD 8.000,00

Place	%	Elite Man	Elite Woman
1.	30%	USD 1.200,00	USD 1.200,00
2.	25%	USD 1.000,00	USD 1.000,00
3.	20%	USD 800,00	USD 800,00
4.	15%	USD 600,00	USD 600,00
5.	10%	USD 400,00	USD 400,00

MIXED RELAY: USD 2.000,00

Place	%	Team
1.	50%	USD 1.000,00
2.	30%	USD 600,00
3.	20%	USD 400,00

Elite athletes and teams entitled to prize-money should download the claim form from the ITU Website: in order to claim prize money from the International Triathlon Union the athlete has to give his/her full and correct address and bank details in clear and legible writing. If incorrect information are provided, the bank transfer of prize money will not be possible.

7. ACCREDITATION

- The LOC will provide to all the organizing committee members, ITU Technical Officials, Coaches, Athletes, VIPs, media, technical staff, court personnel, volunteers, etc., the official Accreditation Card, *according to the quotas indicated in the ITU Competition Rules*;
- Accreditations will be distributed at the Race Office located in the Teatro Millepini in Asiago.
- Only accredited people will be allowed to access to the venue areas.
- Accreditation cards are colour-coded and provide access to specific areas of the venue.
- All accredited people are requested to wear their accreditation cards at all times and to show them upon request.

8. USEFUL INFORMATION

Language	The official language is Italian.
Currency	The currency of Italy is the Euro.
Time	GMT +01:00
Electricity	The electric current is 220 volts.
Telephone	If calling from abroad to Italy dial +39. To call abroad from fixed telephones in Italy must dial the prefix 00, the country code and the phone selected. Vodafone, Tim, Wind and Tre are the major mobile phone service providers in Italy.