



# 2023 WORLD TRIATHLON CUP ROMA October 7th

### **APPLICANT BODY**



### Partnership:











### Roma « Laghetto dell'EUR », exclusive venue

The Eur is one of the most original and innovative districts in the city.

Completed in the 1960 on the occasion of the Rome Olympics, the Eur nowadays is a modern, congressual, and residential district, and an extraordinary creativity and experimenting laboratory, well connected to the city centre.

Not only architecture: parks, recreation, and entertainment is offered by the the Eur Central Park, carachterized by its artificial lake, surrounded by a big green oasis, rich in oaks, poplars, magnolias, olive trees and maples, and some rare specimens of cherry laurel, ligustrum, pittosporum and conifers belonging to the most important species and varieties.

The Central Lake Park is located a few kilometers from the magnificient Colosseum and Circus Maximus: a unique and suggestive scenario for the Triathlon sport discipline, first edition, acrossing the historical places of the Eternal City





### Race Schedule



### Saturday, october 7th

#### Women's Race

08:00 Transition check-in

08:30 Swim warm up

09:00 Women's Start

10:20 Women's Award Ceremony

#### Men's Race

11:00 Transition check-in

11:30 Swim warm up

12:00 Men's Start

13.20 Men's Award Ceremony



### Race Schedule



Thursday, 5th October

10.00 - 12.00 Athletes Training - Gym & Swim

18:00 – 18:30 Race Briefing + Race Pack Pick Up & Registration

Friday, 6th October

09:00 – 18:00 LOC Office

 11.00 - 12.00
 Swim Familiarization

 10:00 - 16:00
 Mechanic Service

 13:00 - 13:30
 Bike Familiarization

Saturday, 7th October

07:00 – 14:00 LOC Office

07:00 – 14:00 Mechanic Service

07:45 – 08:30 Elite Women Lounge Check-In 08:00 – 08:45 Elite Women Transition Check-In

08:30 – 08:45 Elite Women Swim Warm Up

09:00 Elite Women Race

10:20 Elite Women Medal Ceremony

09:30 – 10:30 Elite Men Lounge Check-In 10.00 – 10:55 Elite Men Transition Check-In

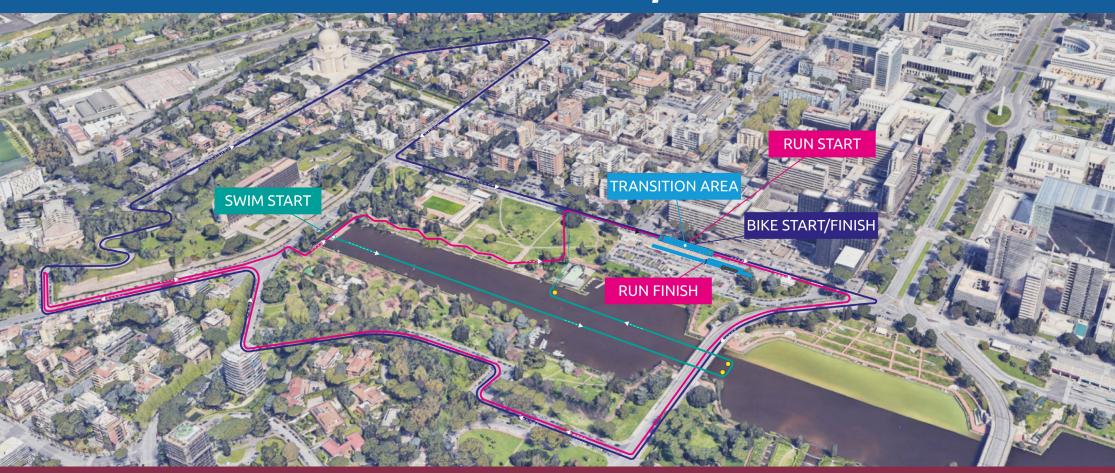
11:30 – 11.45 Elite Men Swim Warm Up

12:00 Elite Men Race

13:20 Elite Men Medal Ceremony



### Venue Map



Swim: 750 mt – 1 lapBike: 19,75 km – 6 lapsRun: 4,8 km – 2 laps

Transition AreaFinish Line



## Swim Course





**Swim:** 750 mt – 1 lap

Distance to T1: 250mt



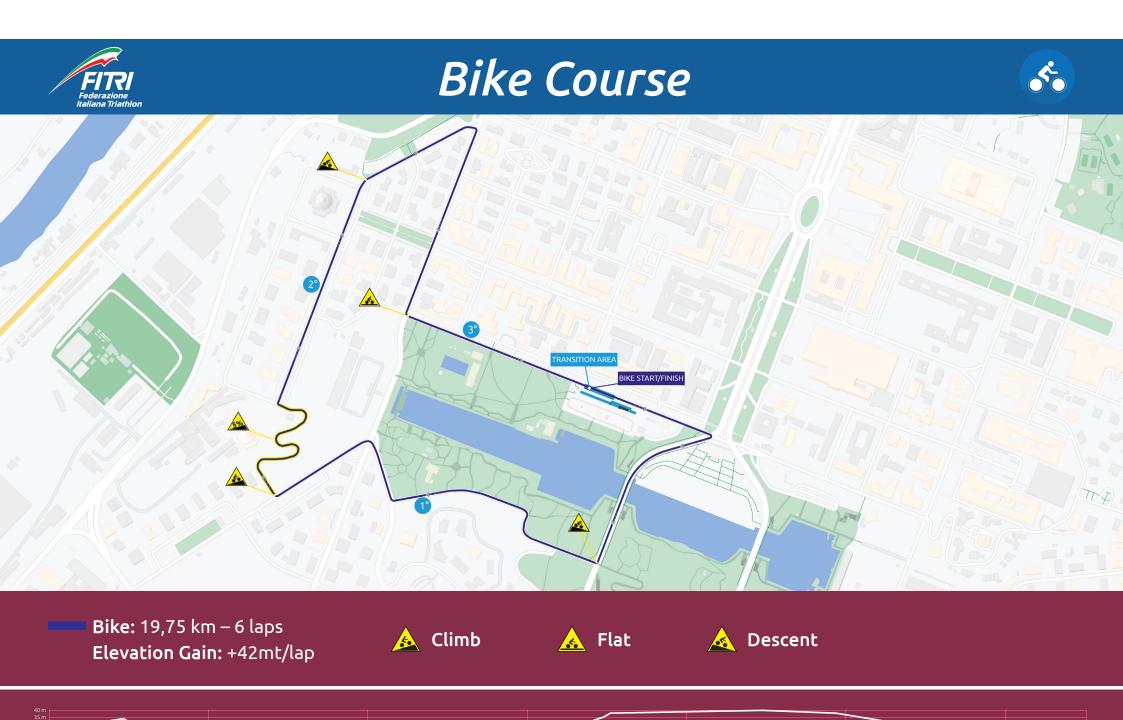
**Elevation Gain:** +8mt



# Swim Course - Start Detail



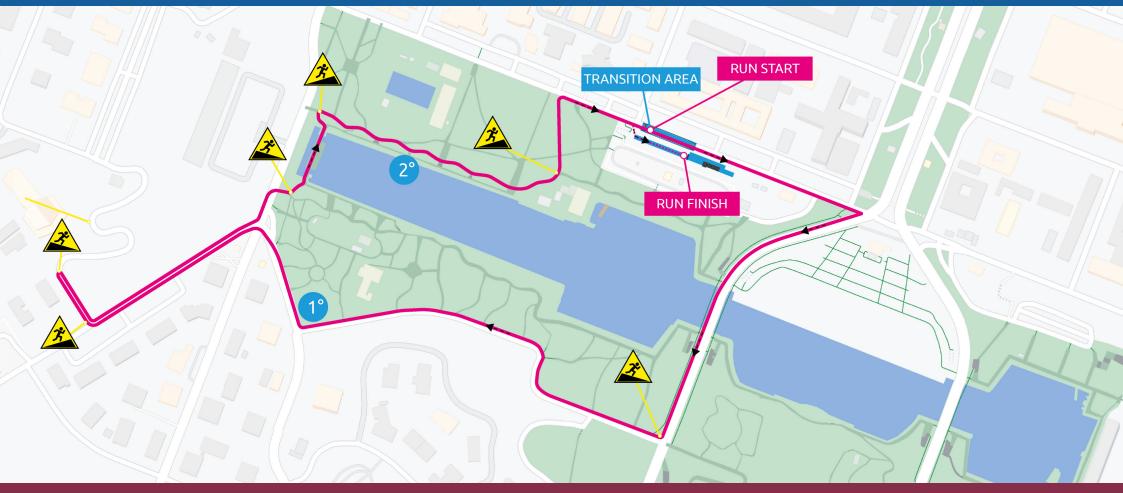






### Run Course





**Run:** 4,8 km – 2 laps Elevation Gain: +45mt/lap



& Climb



🛕 Descent





# Arrival Area

