



Caorle
2023



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Athletes Guide



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1. GENERAL INFORMATION

1.1 INTRODUCTION

The purpose of the Athlete's Guide is to ensure that all athletes, coaches and Team Leaders are well informed about all procedures concerning the Event. The LOC ensures that the information contained in this Guide is correct and up-to-date as of the production date. However, athletes, coaches and Team Leaders are advised to check with the event office regarding any changes.

Athletes and Coaches are invited to periodically check the information reported in the Athletes' Guide.

1.2 KEY DATES

The Race Venue will be located in Largo Portesin 5, Porto Santa Margherita, Caorle (VE). All services are easily reachable on foot.

Junior, Mixed Team Relay and Elite briefing will be held at Palaexpomar in viale Aldo Moro 21, Caorle.

Thursday, May 11 th		
16:00	17:30	Junior and Mixed Team Relay Registration, Briefing and Race package distribution
Friday, May 12 th		
09:00	09:30	Bike familiarization for Junior and Elite (2 escorted laps)
09:30	10:30	Swim familiarization for Junior and Elite
14:00	14:20	Bike familiarization for Elite (2 escorted laps)
14:30		Junior Men - First wave
17:30		Junior Women - First wave
17:30	19:00	Elite Registration, Briefing and Race package distribution
Saturday, May 13 th		
12:30	13:45	Athletes Lounge and Transition opening time for Junior Final
13:30		Junior Women Final
14:30		Junior Men Final
14:45	15:45	Athletes Lounge and Transition opening time for Elite Women
16:00		Elite Women Start
17:00	17:45	Athletes Lounge and Transition opening time for Elite Men
18:00		Elite Men Start
20:00		Mixed Team Relay Race package distribution, Mixed Team nominations
Sunday, May 14 th		
07:30	08:30	Athletes Lounge and Transition opening time for Mixed Team Relay
09:00		Mixed Team Relay Start
11:00		Mixed Team Relay Prize Ceremony

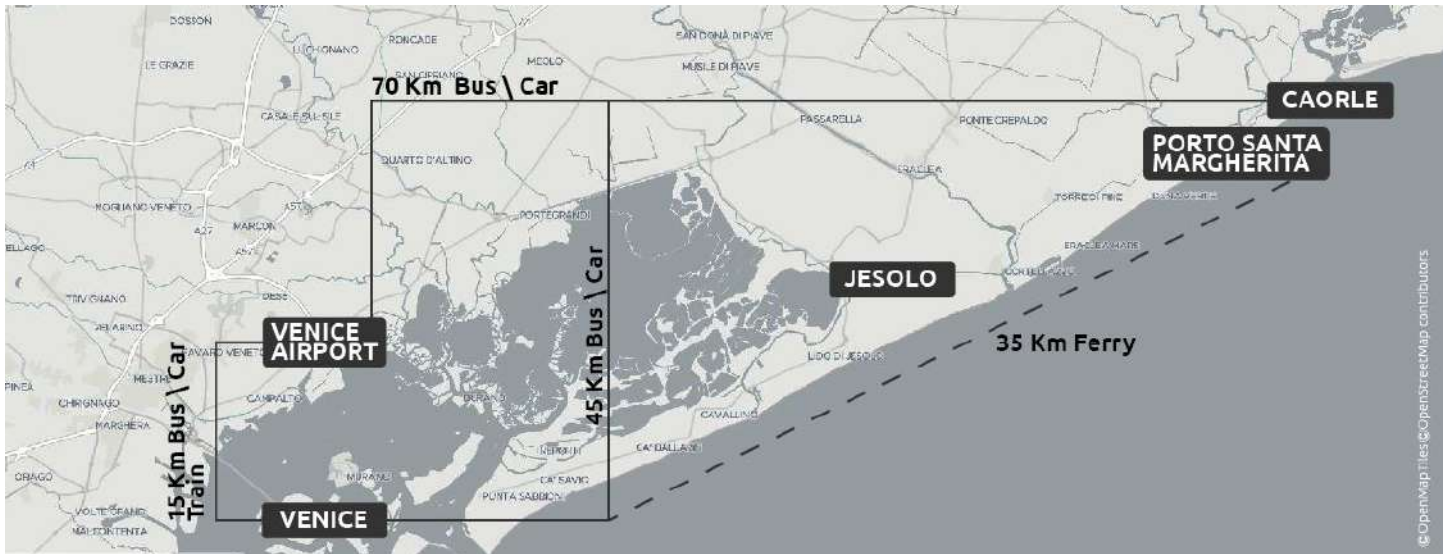
1.3 KEY CONTACTS

	Name	Email	Phone
LOC Chairman	Aldo Zanetti	aldo.zanetti@silca.it	
Technical Delegate	Marco Van Oostende	marco@oostende.nl	+31.630481542
LOC Event Manager	Francesco Fissore	etccaorle@silcaultralite.it	+39.3927930248
LOC Race Director	Mauro Miani	eventi@trevisomarathon.com	+39.3934339472
LOC Office Manager	Nicola Zanetti	triathlon@trevisomarathon.it	+39.3401628156
LOC Media Manager	Francesca Dal Bo	francesca.dalbo@silca.it	
Europe Triathlon Office		etu_hq@etu.triathlon.org	+32.478825456

1.4 CONTACT DETAILS

Silca Ultralite Triathlon ASD
 Mail: etccaorle@silcaultralite.it
 Phone: +39.0438.1918104
 Mob + 39.3927930248 / +39.3401628156

2. VENUE



2.1 COURSE FAMILIARIZATION

Bike familiarization for Elite and junior will take place on **Friday 12th at 09:00**. Meeting point at Transition Area (Largo Portesin 5, Caorle). Athletes will be escorted for two laps.

A second **bike familiarization only for Elite** athletes will take place on **Friday 12th at 14:00**. Meeting point at Transition Area (Largo Portesin 5, Caorle). Athletes will be escorted for two laps.

Swim familiarization will take place on Friday 12th at 09:30. Meeting point at Transition Area (Largo Portesin 5, Caorle).

2.2 ATHLETE'S LOUNGE

The Athlete's Lounge will be located in Corso Venezia, 100m from the Transition Area. It will provide toilets, water and energy drinks. Bike mechanic service will be also provided, during opening hours. Massage service will not be provided.

A recovery zone will be placed close to the finish area.

2.3 ELITE AND JUNIOR ATHLETE'S RACE PACKAGE

Junior: race package will be distributed on Thursday 11th at 17.30 immediately after briefing.

Elite: race package will be distributed on Friday 12th at 19:00 immediately after briefing.

Distribution will be done at Palaexpomar in viale Aldo Moro 21, Caorle (VE).

Registrations and race package distribution for Junior Finals will be held on Saturday 13th from 10.00 to 11.00 at the Athlete's Lounge.

Mixed Team Relay race package distribution will be held on Saturday 13th from 20.00 to 20.30 at the Athlete's Lounge.

2.4 DOPING CONTROL

Doping Control Office will be located beside the Race Office in Condominium Holiday B, Corso Amalfi 36 (first floor), just beside the Finish Area.

Doping tests will be conducted according to WT/WADA rules. Athletes must carry their ID documents to the doping control facilities.

2.5 SECURITY

Security Service will be provided during the competition in the Athletes Lounge, Transition Area and FOP.

2.6 LOC OFFICE

LOC Office will be located in Condominium Holiday B, just beside the Finish Area.

3. ACCOMMODATION

LOC agreed some special rates for Hotels and Apartments.

The official hotel is Marina Palace Hotel ([link](#))

To request the full hotels' options please write to etccaorle@silcaultralite.it.

The rates for apartments are as follows:

TWO ROOMS Apartments (one room with 1 twin bed, living room with kitchen and 1 bed, bathroom), 3 to 5 person max (possible to add one single bed in the bedroom).

THREE ROOMS Apartments (one room with 1 twin bed and 1 single bed, one room with 2 single beds, living room with kitchen and 1 bed, bathroom) - 5 to 7 person max.

Apartments are located:

- close to race venue: [Villaggio Holiday](#) (location Porto Santa Margherita),

- 2Km from race venue: [Villaggio La Quercia](#) (location Altanea), close to swimming pool and big shopping center.

For athletes booking via LOC the price is all inclusive (sheets, linen and towels are included and it's possible to bring bikes in the apartment).

For information and reservation about accommodation please write to etccaorle@silcaultralite.it.

4. TRANSFER AND TRANSPORT

Transfer service will be organised for athletes, NFs, coaches and staff from Aeroporto Marco Polo (Venice VCE) and Aeroporto Antonio Canova (Treviso TSF):

- Thursday 11th and Friday 12th before the race;
- Sunday 14th and Monday 15th after the race.

The price for one ticket is 15,00€ per person/one way, 25,00€ per person/round trip for reservation done no later than Friday, April 28th: after deadline the cost will be 25,00€ per person/way.

Transfer before Thursday 11th and after Monday 16th can be organised but could have different rates.

Private transfer can be organised (minivan 5 people and 4 bike), cost is 120,00€ one way.

Trasfer payment can be done by cash before getting on the bus or in advance (within Friday, May 5th) via bank transfer to:

Silca Ultralite Vittorio Veneto ASD
IBAN: IT33N0585661622203573003711

IMPORTANT: if the payment will be done together with the entry fee please specify it in the bank transfer description.

Public Local Transportation connects Venezia and Treviso Airports to Caorle (<https://www.atvo.it/it-servizio-aeroporti.html>) by bus.

Transfer from and to the airport will be organised from and to Official Hotels: for athletes staying in different hotels/apartments, a meeting point will be communicated.

Local transfer (from and to race venue) will be organised only from and to the Official Hotel.

5. ATHELETE'S SERVICES

5.1 TRAINING FACILITIES

SWIM

Swimming pool lines will be available free of charge for training by Caorle Nuoto & Wellness (Via delle Rondini, 20N 1, Caorle) according to the following timetable (first in first served):

- Thursday 11th from 10:00am to 12:00pm (4 lines, max 8 persons per line);
- Friday 12th from 2:00pm to 4:00pm (4 lines, max 8 persons per line);
- Saturday 13th from 10:00am to 12:00pm (4 lines, max 8 persons per line);

In the following hours Athletes and Teams can book their individual ticket (6€) or their line (30€ per line per hour, 10 persons max) writing an email to info@caorlenuoto.it:

- Monday 8th and Thursday 11th from 7:30am to 4:30pm;
- Tuesday 9th, Wednesday 10th and Friday 12th from 9:00am to 4:30pm;
- Saturday 13th from 9:00am to 6:00pm;
- Sunday 14th from 9:00am to 1:00pm;

BIKE

Safe bike locations.

Bike 40Km course ([click here to download .gpx file](#)).

Bike 31Km course ([click here to download .gpx file](#)).

RUN

Athletics track is available free of charge, to make your reservation please write an email to etccaorle@silcaultralite.it.

10Km course ([click here to download .gpx file](#)).

5Km course ([click here to download .gpx file](#)).

5.2 MEDICAL SERVICES

First Aid and Emergency Medical Services will be available at the Registration area before and during the training sessions, before, during and after (1h) the race.

There will be First Aid and Emergency Medical Services at the Race Village on competition day. Medical and Paramedical personnel will be available throughout the race.

Several ambulances will be available to provide emergency transfers to a nearby hospital.

A medical area will be provided on site at the finish area.

Medical services at the venue are free of charge. Treatment in private hospitals are to be paid by participants.

Athletes/teams should have their appropriate medical insurance.

Reparto di pronto soccorso Caorle (First Aid)

Address: via Riva dei Bragozzi 138, 30021 Caorle (Venezia). Phone: 0421 219815

Azienda Unità Locale Socio Sanitaria N.10 Veneto Orientale

Address: viale M. Buonarrotti 2, 30021 Caorle (Venezia). Phone: 0421 81708

San Donà di Piave Hospital - ULSS4 Veneto Orientale

Address: via Nazario Sauro 25, 30027 San Donà di Piave (Venezia). Phone: 0421 227111

5.3 BIKE MECHANICAL SERVICE

In the race venue from Friday, May 12th from 13.30.

6. COMPETITION SCHEDULE

Thursday, May 11 th		
16:00	17:00	Junior Registration - at Palaexpomar
17:00	17:30	Junior and Mixed Team Relay Briefing - at Palaexpomar
17:30		Junior Race package distribution - at Palaexpomar
Friday, May 12 th		
09:00	09:30	Bike familiarization for Junior and Elite (2 escorted laps)
09:30	10:30	Swim familiarization for Junior and Elite
13:30	16:00	Athletes Lounge and Transition opening time for Junior Men
14:00	14:20	Bike familiarization for Élite (2 escorted laps)
14:20		Line-up and Athlete's introduction - Junior Men First wave
14:30		Junior Men - First wave
16:30	17:15	Athletes Lounge and Transition opening time for Junior Women
17:20		Line-up and Athlete's introduction - Junior Women First wave
17:30		Junior Women - First wave
17:30		Elite Registration - at Palaexpomar
18:30		Elite Briefing - at Palaexpomar
19:00		Elite Race package distribution - at Palaexpomar
Saturday, May 13 th		
10:00	11:00	Registration and Race package distribution for Junior Final - Athletes Lounge
12:30	13:45	Athletes Lounge and Transition opening time for Junior Final
12:50	13:10	Swim warm up for Junior Women
13:20		Line-up and Athlete's introduction - Junior Women Final
13:30		Junior Women Final
13:50	14:10	Swim warm up for Junior Men
14:20		Line-up and Athlete's introduction - Junior Men Final
14:30		Junior Men Final
15:30		Junior Prize Ceremony
14:45	15:45	Athletes Lounge and Transition opening time for Elite Women
15:30	15:50	Swim Warm Up
15:50		Line-up and Athlete's introduction - Elite Women Final
16:00		Elite Women Start
17:00	17:45	Athletes Lounge and Transition opening time for Elite Men
17:50		Line-up and Athlete's introduction - Elite Men Final
18:00		Elite Men Start
19:15		Elite Prize Ceremony
20:00		Mixed Team Relay Race package distribution, Mixed Team nomination - Athletes Lounge
Sunday, May 14 th		
07:00	08:00	Team member change to the Head Referee - Athletes Lounge
07:30	08:30	Athletes Lounge and Transition opening time for Mixed Team Relay
08:30	08:50	Swim warm up
08:50		Line-up and Athlete's introduction - Mixed Team Relay
09:00		Mixed Team Relay Start
11:00		Mixed Team Relay Prize Ceremony

6.1 COMPETITION RULES

The event follows the latest published Competitions Rules of World Triathlon.

6.2 ATHLETE'S BRIEFING

Junior Briefing: Thursday, May 11th from 17:00 to 17:30 at Palaexpomar in viale Aldo Moro 21.

Elite Briefing: Friday, May 12th at 18:30 at Palaexpomar in viale Aldo Moro 21.

6.3 TIMING CHIPS

On race day athletes will be given a timing chip, to be worn on the athletes' left ankle. Athletes will pick up the timing chips before the competitions, during their check-in procedure.

6.4 RESULTS

Results will be uploaded live at the World Triathlon official website www.competitions.com.

Live streaming will be available on LOC's official [Youtube channel](#).

All the Results information will be distributed to the Team Leaders at the Information Centre.

6.5 PROTEST & APPEALS

Standard procedures will be followed according to the World Triathlon Competition Rules.

7. ACCREDITATION

The LOC will provide all the Organising Committee Members, TRI Technical Officials, Athletes, VIPs, media, technical staff, court personnel, volunteers, etc. with an official Accreditation Card.

Accreditation will be distributed during the Race Package distribution.

Only accredited people will be allowed to access certain venue areas. Accreditation Cards provide access to specific areas of the competition.

All accredited people are requested to carry their Accreditation Cards with them at all times and to show them upon request. Accreditation Cards are mandatory to enter the venue.

8. ENTRY FEES

The entry fees are:

- Junior 65,00€
- Elite 85,00€
- Mixed Team Relay 125,00€ (per team)

Entry fee payment should be done in advance (within Wednesday 3th) via bank transfer to:
Silca Ultralite Vittorio Veneto ASD - IBAN: IT33N0585661622203573003711

IMPORTANT: all payment on site can be done exclusively by cash.

Payment status (entry fee, transfer) will be double checked before the race package distribution. If the payment will be done together with the airport transfer fee please specify it in the bank transfer description.

9. COURSE MAPS



SWIM COURSE

Start procedures: beach start.

Number of laps: 1 (SuperSprint and Mixed Team Relay 300m, Sprint 750m)

Average water temperature: 18°/19°C in May



TRANSITION 1

SuperSprint and Mixed Team Relay: metal tube racks will be used for individual qualification and MTR. individual racks for the Finals.

Sprint: individual racks.

Athletes will run approximately 120m from the swim exit to the TA.

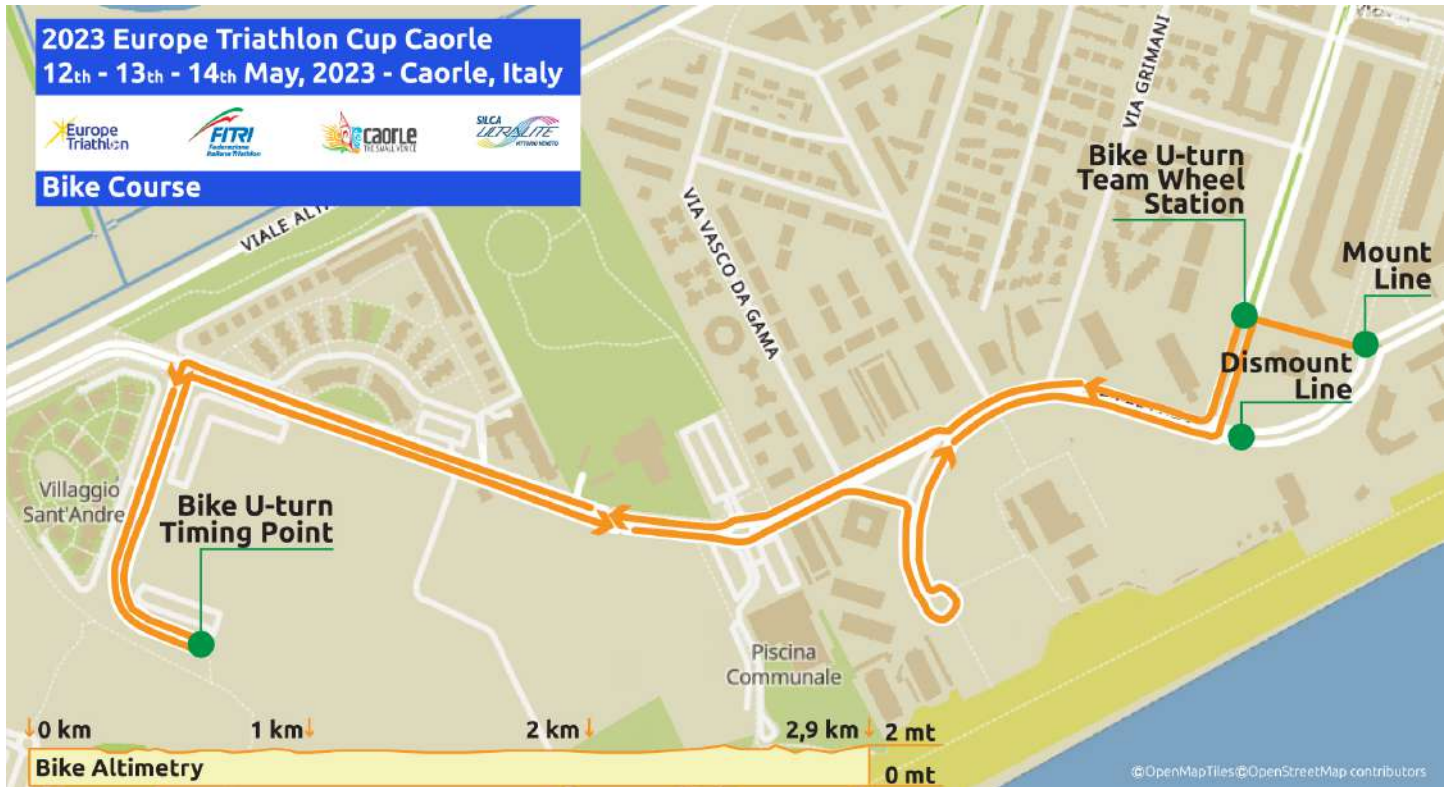


BIKE COURSE

Bike course will be on asphalt, completely flat, turning and roundabout will create technical sections, a u-turn at the end of each lap.

Number of laps

- Mixed Team Relay: 2 laps (6,2Km total)
- SuperSprint: 3 laps (9,5Km total)
- Sprint: 6 laps (19,2Km total)



TRANSITION 2

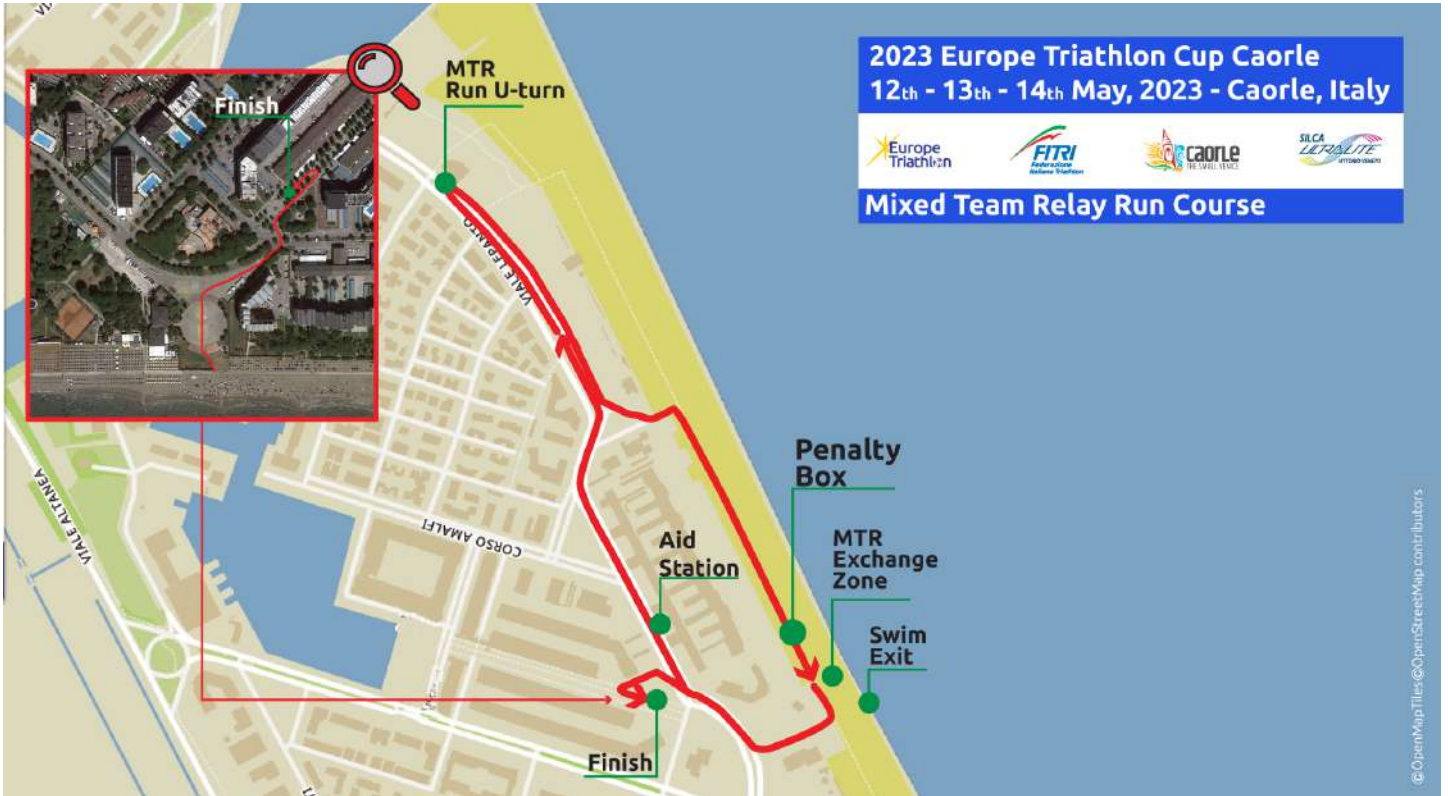
From the dismount line, athletes will run straight into Transition Area. Running shoes may be placed beside the rack or in the bin.

RUN COURSE

Running course will be flat, on asphalt.

Number of laps

- Mixed Team Relay: 1 lap (1,5Km)
- SuperSprint: 1 lap (1,9Km)
- Sprint: 2 laps





We would like to thank you for participating and wish you all good luck for the race.
LOC